



Plymouth Triathlon Club

Constitution and Rules.
Revised March 2014.

1. Title:

The name of the club is Plymouth Triathlon Club.

2. Headquarters / Address:

Although the club has no headquarters, the address will be that of the current secretary for correspondence.

3. Objective:

The objective of the club is to promote the sport of primarily Triathlon, but also other multi sports through:

- a) Providing an environment in which people can meet to train for and compete in triathlons and other multi sport events irrespective of age, ability and sex, by organising regular training sessions in all three disciplines, and competitions;
- b) Maintaining a club register whereby members can contact training companions;
- c) Providing access to specialist advice in all aspects of the sport;
- d) Developing membership of the Club, and
- e) Organising social events to benefit the Club and encourage an atmosphere in which people of similar ideals and interests can meet to discuss any aspect of the sport.
- f) Providing and maintaining up to date website.

4. Membership:

Anyone interested in Triathlon / Duathlon or similar Multi sport event shall be eligible for membership.

Application for membership shall be made on the appropriate form to the club membership secretary.

Members shall be admitted at the discretion of the committee.

To resign, a member must inform the Club Secretary in writing. His / her membership terminates on the date of that notice.

There are three types of membership, **Senior, Junior and unwaged.**

- a) **Senior** membership is for single members aged over 18 years of age.
- b) **Junior** membership is for single members up to 18 years of age. The membership form must be signed by a parent / guardian.
- c) **Unwaged** membership is for those who are not currently in either full time or part time employment; proof of this must be verified by i.e. student card or benefit notification.

Senior members shall be entitled to attend all club meetings, training sessions, social events, to receive the club newsletter and to:

Vote at the AGM.

Apply for British Triathlon membership at a concessionary rate.

Junior members shall be entitled to attend all club meetings, training sessions, social events, to receive the club newsletter and to:
Apply for BTA membership at a concessionary rate.
But, will not be eligible to vote at the AGM or any Extra Ordinary General Meeting.
This can be done however, by the Parent / Guardian who signed the membership form.

Unwaged members will have the same rights as a **senior** member.

5. Junior Members / Children

A Parent / guardian must complete the child protection disclaimer on the membership form.

Children under the age of 18 are classed as *junior* members of the club and as such have no voting rights (see item 4 paragraph 5).

The Club shall adhere to **British Triathlon** guidelines on Children's Triathlons and other multi – sport events.

Any child competing outside these guidelines will do so at their Parent / Guardians discretion and responsibility.

6. Annual Subscriptions.

The amount of the annual subscriptions for members shall be decided by the committee and is payable on a rolling basis.

No member shall be entitled to exercise any rights or privileges of membership until his or her subscriptions for that year have been paid.

7. Officers of the Club.

Officers of the club shall be president, chair, secretary, treasurer, head coach, junior co-ordinator / vice chair, race director and time trial director. The officers shall form the management committee of the club. A quorum shall be five. In exceptional circumstances, other positions may be added to the committee, but these will not be voting positions unless agreed by an AGM

The club will appoint two welfare officers, one of whom will be a coach and one who will not be actively involved in the running of the club.

Other roles will be appointed by the committee as required.

All club members can attend a committee meeting or place an item on the agenda at any time, to raise an issue or proposal with the club. This will be voted upon if necessary by the committee.

8. Management Committee.

The management committee (officers) shall manage all the affairs of the club according to the rules and constitution and shall apply the funds of the club to the objective of the club.

A quorum for the management committee shall be five.

The committee shall make such by-laws and regulations as they think fit. These shall be subject to ratification at the next AGM.

The Chair shall convene the committee not less than twice a year.

The day to day management of the club shall be carried out by the elected officers through the convening of a Monthly Committee Meeting. These may be postponed at the discretion of the committee.

Minutes of meetings shall be published for the viewing of the club's membership.

The chair shall exercise a casting vote, if necessary.

9. Club Colours.

The club colours shall be Light Blue, Red, White and Black.

It would be preferred if members at competitive meetings wear the club colours.

10. Annual General Meetings.

A general meeting shall be held during the winter months in every year.

The following business shall be undertaken:

The Management Committee's reports will be read and discussed.

The accounts will be audited and available.

The officers will be elected.

Any further matters will be considered.

The Club Secretary must give every member 21 days notice of the meeting either by e-mail or in writing.

Notice of any business, which it is desired to be placed on the agenda, must be given in writing to the Club Secretary at least 14 days prior to the meeting.

Standing orders or Rules or amendments to the Constitution may be changed by a two-thirds majority decision of eligible members in attendance and entitled to vote at the meeting.

One fifth of all paid up members will constitute a quorum, in the event a quorum is not reached, the minutes of the meeting will be published to the membership and a period of seven days given for any objections. These should be made in writing to the secretary. If no objections are received the minutes will be deemed approved. Any objections will require an EGM to resolve.

Only members of 18 years and over will be eligible to vote. The parent / guardian of a junior member who has signed the membership form will have a vote for that member.

The Chair, or vice in his absence, shall have a casting vote.

11. Notice.

Notice of any additions or amendments to the Rules and Constitution intended to be proposed by a member of the Club, and nominations for the posts of Officers of the Club, shall be seconded and given to the Secretary either in writing at least one week before the AGM or EGM or proposed at the AGM. The committee may waive this requirement at their discretion.

12. Safety.

All reasonable steps will be taken to ensure the safety of Club members while training and racing. The club accepts no liability for the ill health or injury of its members whilst racing or training.

Members must adhere to the rules of the road when training and racing, whilst running and cycling.

13. General.

The Club will affiliate annually to British Triathlon, UKA and the CTT, if so agreed at the AGM.

Insurance: The club does not hold a personal accident insurance policy for its members. The club recommends that membership of BT is taken in which a personal accident insurance for racing and training is included.

14. Profits.

Any profits made by the Club shall be used for the benefit of its members in accordance with the Rules and Constitution. No distribution of profits to the members shall take place other than in accordance with item 15.

15. Dissolution of the Club.

If the Club shall cease to exist, or is wound up, then its assets shall be realised and its liabilities discharged in such a manner as the Committee shall direct. Any surplus funds shall be divisible amongst the members on a pro-rata basis which is related to the current years subscription paid.

In the event of the realised assets being insufficient to meet the debts the difference shall be realised by a levy on the members on the pro-rata basis as described above.

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